



UCD Research Culture Survey 2023

Questions

Introduction

A positive research culture is a priority for University College Dublin (UCD). Research Culture and Environment is one of four themes in UCD's Strategy for Research, Innovation and Impact, 'Shaping the Future'. Since 2021, UCD has been proactively engaged in a Research Culture Initiative. This survey was run in 2021 and is being rerun in 2023 to measure progress.

The survey is intended for all those involved in research including faculty, research scientists/engineers, research fellows, postdoctoral researchers, graduate research students, technical officers, research-funded staff, and research managers and administrators.

Participation in this study will involve answering a series of questions about your experience of research culture at University College Dublin. It should take approximately **15 minutes** to complete.

All responses to this survey will be collected through an **anonymous** link – we will not be able to identify individual respondents. You have been directed here via a UCD intranet page to verify that you are a member of the UCD community only. Your details have not been recorded.

You must click **DONE** at the end of the survey for your responses to be recorded.

Thank you for your participation!

The [UCD Research Culture Initiative Team](#)

Survey Consent

Participation in this survey is entirely voluntary. You may opt out of this survey at any stage. Simply close this browser window to exit the survey.

The benefits and risks of taking part in this survey are available on the Survey [Participant Information Leaflet](#) page of our website.

This questionnaire will ask some questions related to mental health and wellbeing. In the event that this survey raises psychological or emotional responses for you, the [Resources](#) page on the UCD Research Culture website offers links to a wide range of support services available to UCD staff and students. Further supports are listed on the Survey [Participant Information Leaflet](#) page.

If you have any question about the survey, require it in another format, or would like support for any of the issues raised in the survey please contact us at research.culture@ucd.ie.

I have read the above survey information and I agree to participate in this survey.

- Yes
- No

Data Protection

All responses to this survey will be collected through an anonymous link – we will not be able to identify individual respondents. Aggregate results from this survey will be documented in reports that will be published on the [UCD Research Culture](#) website, communicated via social media and archived in an appropriate repository. It is also hoped to use the survey outcomes in connection with research publication/dissemination on research culture.

You may opt out of this survey at any stage before you submit it and your data will not be used.

For more information on the legal basis under which we are collecting your data and what rights you have, please visit the Survey [Participant Information Leaflet](#) page on our website.

- I have read the data protection information and I agree to participate in this survey.

Part 1: General Survey

Q01 To what extent do you agree that UCD supports a culture of...

	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree	N/A
Open research (e.g. open data, pre-print publishing, making research materials or designs publicly available, or other ways of increasing transparency)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Research integrity (e.g. good authorship practice, robust study design)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Discussion of personal and professional development	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Valuing quality of publication (or output) over quantity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Collegiality (in which colleagues support each other to succeed in research)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Collaboration across groups or disciplines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q02 To what extent do you agree with the following statements:

	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree	N/A
I feel comfortable approaching colleagues for research mentorship, advice, or peer review	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I understand what constitutes good authorship practice in my discipline	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I understand what constitutes research impact in my discipline	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have adequate support during the grant application process	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have adequate support after the award of a grant	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I feel able to spend time undertaking Continuing Professional Development activities that are relevant to my career aspirations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q03 I understand where in the University I can go for information or support on the following topics (Select all that apply).

- Good research-data management
- Responsible Use of Research Metrics
- Research integrity
- Open Research (making research widely available as early as possible)
- Engaged Research
- Research IT
- How to write a good publication/output
- How to write a good grant application
- How research quality is assessed in my discipline Knowledge Transfer & Innovation
- ConsultUCD
- None of the above
- Improving my research profile

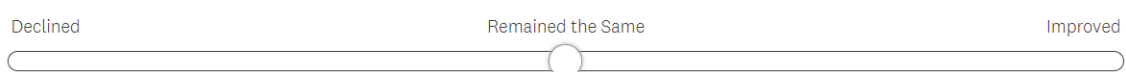
Q04 Which of the following areas would you like to know more about (Select all that apply)?

- Good research-data management
- Responsible Use of Research Metrics
- Research integrity
- Open Research (making research widely available as early as possible)
- Engaged Research
- Research IT
- How to write a good publication/output
- How to write a good grant application
- How research quality is assessed in my discipline Knowledge Transfer & Innovation
- ConsultUCD
- None of the above
- Improving my research profile

Q05 Reflecting on the past two years, do you think that research culture has improved at UCD?

- Yes
- No
- I don't Know
- N/A

Q06 To what extent has the research culture at UCD improved or declined in the past two years (Slider)?



Q07 Please provide further details:

Q08 As an institution, what one practical thing could we do to promote a positive research culture?
Is there an example of good practice that you can share with us from inside or outside of UCD which promotes good research culture?

Part 2: Role-Specific Questions

Q09 Please select your role in UCD (or the option closest to your role - there is a free text box at the end of the next section that you can use to indicate a more accurate role).

- I am a faculty member
- I am a graduate research student
- I am a postdoctoral researcher
- I am a research fellow
- I am a research manager/administrator
- I am a research scientist/research engineer
- I am a technical officer/senior technical officer/chief technical officer
- Prefer not to say

Graduate Research Students (GRS)

Q1 Are you employed full-time or part-time?

- Full-time
- Part-time

	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree	N/A
Q2 I have funding to support my research.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q3 I have appropriate supervisor support.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q4 I have access to a good seminar programme in my research area.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q5 I am aware of opportunities to become involved in the wider research community beyond my school/unit.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q6 I understand the required standard for my Thesis / Dissertation / Research Project.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q7 I feel my contributions are visible and appropriately credited in my working environment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q8 I am able to access information and support to complete necessary requirements for degree progression.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q9 Additional comments about role and career in research

Postdoctoral Research Associates (PDRA)

	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree	N/A
Q1 I have access to a good seminar programme in my research area.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q2 I am aware of opportunities to become involved in the wider research community beyond my school/unit (e.g. interdisciplinary seminar programmes).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q3 I have appropriate research mentor support.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q4 My research outputs are evaluated appropriately.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q5 My research outputs are appropriately acknowledged by the University.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q6 My research outputs are appropriately acknowledged by the University.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q7 The work expectations placed on me in my role are reasonable.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q8 I receive good support from UCD in progressing my career.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q9 Are you employed full-time or part-time?

- Full-time
- Part-time

Q10 What type of contract do you have?

- Permanent Contract (including CID)
- Temporary

Q11 How long have you been working at UCD?

- More than 1 year but less than 6 years
- More than 6 years but less than 10 years
- More than 10 years but less than 20 years
- More than 20 years

Q12 Additional comments about role and career in research

Research Fellows

	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree	N/A
Q1 I have access to a good seminar programme in my research area.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q2 I am aware of opportunities to become involved in the wider research community beyond my school/unit (e.g. interdisciplinary seminar programmes).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q3 I have appropriate research mentor support.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q4 My research outputs are evaluated appropriately.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q5 My research outputs are appropriately acknowledged by the University.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q6 My research outputs are appropriately acknowledged by the University.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q7 The work expectations placed on me in my role are reasonable.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q8 I receive good support from UCD in progressing my career.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q9 Are you employed full-time or part-time?

- Full-time
- Part-time

Q10 What type of contract do you have?

- Permanent Contract (including CID)
- Temporary

Q11 How long have you been working at UCD?

- More than 1 year but less than 6 years
- More than 6 years but less than 10 years
- More than 10 years but less than 20 years
- More than 20 years

Q12 Additional comments about role and career in research

Faculty

	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree	N/A
Q1 I have access to a good seminar programme in my research area.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q2 I am aware of opportunities to become involved in the wider research community beyond my school/unit (e.g. interdisciplinary seminar programmes).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q3 My research outputs are evaluated appropriately.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q4 My research outputs are appropriately acknowledged by the University.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q5 I have sufficient opportunity to fulfil the research expectations of my role.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q6 I have appropriate mentoring for my research career.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q7 Are you employed full-time or part-time?

- Full-time
- Part-time

Q8 What type of contract do you have?

- Permanent Contract (including CID)
- Temporary

Q9 How long have you been working at UCD?

- More than 1 year but less than 6 years
- More than 6 years but less than 10 years
- More than 10 years but less than 20 years
- More than 20 years

Q10 Additional comments about role and career in research

Technical Officers

	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree	N/A
Q1 I feel my skills, knowledge and experience are valued in my role	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q2 UCD facilitates my contributions to the research process.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q3 I feel my research contributions are visible and appropriately credited in my working environment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q4 The work expectations placed on me in my role are reasonable.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q5 I have appropriate opportunities to attend training courses/conferences.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q6 I receive good support from UCD in progressing my career.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q7 Are you employed full-time or part-time?

- Full-time
- Part-time

Q8 What type of contract do you have?

- Permanent Contract (including CID)
- Temporary

Q9 How long have you been working at UCD?

- More than 1 year but less than 6 years
- More than 6 years but less than 10 years
- More than 10 years but less than 20 years
- More than 20 years

Q10 Additional comments about role and career in research

Research Scientist / Research Engineer

	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree	N/A
Q1 I feel my skills, knowledge and experience are valued in my role	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q2 UCD facilitates my contributions to the research process.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q3 I feel my research contributions are visible and appropriately credited in my working environment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q4 The work expectations placed on me in my role are reasonable.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q5 I have appropriate opportunities to attend training courses/conferences.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q6 I receive good support from UCD in progressing my career.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q7 Are you employed full-time or part-time?

- Full-time
- Part-time

Q8 What type of contract do you have?

- Permanent Contract (including CID)
- Temporary

Q9 How long have you been working at UCD?

- More than 1 year but less than 6 years
- More than 6 years but less than 10 years
- More than 10 years but less than 20 years
- More than 20 years

Q10 Additional comments about role and career in research

Research Manager / Administrator

	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree	N/A
Q1 I feel my skills, knowledge and experience are valued in my role	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q2 UCD facilitates my contributions to the research process.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q3 I feel my research contributions are visible and appropriately credited in my working environment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q4 The work expectations placed on me in my role are reasonable.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q5 I have appropriate opportunities to attend training courses/conferences.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q6 I receive good support from UCD in progressing my career.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q7 Are you employed full-time or part-time?

- Full-time
- Part-time

Q8 What type of contract do you have?

- Permanent Contract (including CID)
- Temporary

Q9 How long have you been working at UCD?

- How long have you been working at UCD?
- More than 1 year but less than 6 years
- More than 6 years but less than 10 years
- More than 10 years but less than 20 years
- More than 20 years

Q10 Additional comments about role and career in research

Part 3: Wellbeing

	A great deal	A lot	A moderate amount	A little	Not at all
Q1 How stressed do you feel at work / at UCD while working on an average day?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q2 How stressed do you feel in carrying out your research project?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Q3 Have you sought or received professional help for depression and/or anxiety during your research career?

- No, but I would / would have liked to receive help
- No, I do not / have not required help
- Yes, I have received / I am receiving help
- Prefer not to say

To what extent do you agree or disagree with the following statements?

	Strongly Agree	Agree	Neither Agree nor Disagree	Disagree	Strongly Disagree
Q4 I have a difficult time dealing with work-related stresses.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q5 I tend to bounce back quickly after hard times.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q6 I consider myself to be a resilient person.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q7 I find it difficult managing my workload when I'm experiencing personal issues.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q8 I am able to separate work-related setbacks from my personal sense of self.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q9 I believe wellbeing is fundamental to an effective research environment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q10 UCD offers adequate wellbeing support.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q11 Wellbeing support is well-promoted at UCD.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q12 There is a long-hours culture at UCD.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q13 I feel pressured to work long hours	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q14 The system exploits my interest in the research I do leading to a heavy workload.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q15 I have felt supported by peers / colleagues when I've encountered personal problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q16 UCD's wellbeing initiatives are appropriate for my needs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q17 A career in research can be isolating and lonely.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q18 A career in research can be exciting and fulfilling.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Have you recently (in the last few weeks)

	Much more than usual	Rather more than usual	No more than usual	Not at all
Q19 Been able to concentrate on whatever you're doing.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q20 Lost much sleep over worry.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q21 Felt that you are playing a useful part in things.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q22 Felt capable of making decisions about things.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q23 Felt constantly under strain.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q24 Felt you couldn't overcome your difficulties	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q25 Been able to enjoy your normal day-to-day activities.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q26 Been able to face up to your problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q27 Been feeling unhappy and depressed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q28 Been losing confidence in yourself.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q29 Been thinking of yourself as a worthless person.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q30 Been feeling reasonably happy, all things considered.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Over the last 2 weeks, how often have you been bothered by the following problems?

	Nearly every day	More than half the days	Several days	Not at all
Q31 Feeling nervous, anxious or on edge.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q32 Not being able to stop or control worrying.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q33 Worrying too much about different things.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q34 Trouble relaxing.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q35 Being so restless that it is hard to sit still.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q36 Becoming easily annoyed or irritable	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q37 Feeling afraid as if something awful might happen.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q38 Little interest or pleasure in doing things.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q39 Feeling down, depressed, or hopeless.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q40 Trouble falling or staying asleep, or sleeping too much.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q41 Feeling tired or having little energy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q42 Poor appetite or overeating.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q43 Feeling bad about yourself – or that you are a failure or have let yourself or your family down.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q44 Trouble concentrating on things, such as reading the newspaper or watching television.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q45 Moving or speaking so slowly that other people could have noticed? Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

In the past 2 weeks

	At no time	Some of the time	Less than half the time	More than half the time	Most of the time	All of the time
Q46 I have felt cheerful in good spirits.	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
Q47 I have felt calm and relaxed.	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
Q48 I have felt active and vigorous.	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
Q49 I woke up feeling fresh and rested.	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
Q50 My daily life has been filled with things that interest me.	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>

Q51 I understand where in the University I can go for information or support on the following topics (Select all that apply).

- Employee Assistance Service
- Wellbeing Hub
- Mental Health Peer Support Group
- Dignity & Respect Support Service (D&RSS)
- Dignity & Respect Support Colleagues
- Mental Health and Wellbeing Seminars
- Healthy UCD
- Parent Buddy Programme
- Financial Wellbeing Programme
- Mental Health Training and Support Directory
- Staff Networks Coffee Mornings

Q52 Which of the following areas would you like to know more about (Select all that apply)?

- Employee Assistance Service
- Wellbeing Hub
- Mental Health Peer Support Group
- Dignity & Respect Support Service (D&RSS)
- Dignity & Respect Support Colleagues
- Mental Health and Wellbeing Seminars
- Healthy UCD
- Parent Buddy Programme
- Financial Wellbeing Programme
- Mental Health Training and Support Directory
- Staff Networks Coffee Mornings

Part 3: Demographics

Q53 Please select your school (see list at end).

Q54 If you are a member of a UCD research institute, please select:

- UCD Conway Institute
- UCD Earth Institute
- UCD Geary Institute
- UCD Humanities Institute
- UCD Institute for Discovery
- UCD Institute of Food and Health
- UCD Energy Institute
- Prefer not to say

Q55 If you are staff in an administrative unit, please indicate which one in the box below

- Graduate Studies Office
- Human Resources
- UCD Research, Innovation and Impact
- Prefer Not to Say

Q52 Do you identify as:

- Male
- Female
- Non-binary / third gender
- Prefer not to say
- Self-declare

Self-declare

Q53 What is your ethnic or cultural background?

- White Irish
- White Irish Traveller
- Any other White Background
- Black or Black Irish - African
- Black or Black Irish - Any other Black Background
- Asian or Asian Irish - Chinese
- Asian or Asian Irish - Any other Asian Background
- Other (including mixed background)

Q54 What is your nationality?

- Irish
- British
- European (excluding Ireland)
- Outside the EU (excluding Britain)
- Dual nationality
- Other
- Prefer not to say

Survey Complete

Thank you for participating in the UCD Research Culture Survey 2023! We appreciate your input into such an important area. If you have any further thoughts or suggestions, we welcome your ideas through our [online suggestion box](#).

In the event that this survey raises psychological or emotional responses for you, the [Resources](#) page on the UCD Research Culture website offers links to a wide range of support services available to UCD staff and students.

UCD staff can access counselling and other wellbeing services through [Employee Assistance Services](#).

Health and wellbeing supports for UCD students are given on the [Graduate Studies](#) website.

Support services are also available from external sources including [Aware](#) and the [Samaritans](#).

Visit our [Research Culture website](#) for more information about our activities and plans.

You can also get in touch with the Research Culture team at research.culture@ucd.ie.

Key for Selection Options

Q53 School

Art History and Cultural Policy
Classics
English, Drama and Film
History
Irish, Celtic Studies and Folklore
Languages, Cultures and Linguistics
Music
Business
Architecture, Planning and Environmental Policy
Biosystems and Food Engineering
Chemical and Bioprocess Engineering
Civil Engineering
Electrical and Electronic Engineering
Mechanical and Materials Engineering
Architecture, Planning and Environmental Policy
Biosystems and Food Engineering
Chemical and Bioprocess Engineering
Civil Engineering
Electrical and Electronic Engineering
Mechanical and Materials Engineering
Architecture, Planning and Environmental Policy
Biosystems and Food Engineering
Chemical and Bioprocess Engineering
Civil Engineering
Electrical and Electronic Engineering
Mechanical and Materials Engineering
Archaeology
Economics
Education
Geography
Information and Communication Studies
Law
Philosophy
Politics and International Relations
Psychology
Social Policy, Social Work and Social Justice
Sociology
N/A